



Back to School, 9 Helpful Tips...

With more than half our kiddos here at day care heading off to Elementary school, I wanted to offer some helpful tips to all of the parents.

I am so excited to see each of these students head off and start their school bound journey, I love each of you and you will all do amazing things for yourself and for our world! I just know it!

Tip 9: Show Excitement for your Child

Children will pick up on excitement modeled by their parents in the days leading up to the first day of school. If you show excitement, your children will show excitement. Excitement is contagious.

Tip 8: Do Not Drag Out the First-Day Goodbye

Kindergartners and first-graders may want their parents to come into the classroom. Many parents will want the same thing. My tip to you is to say your goodbyes, and unless the teacher asks otherwise, leave as soon as possible. The teacher should already have an assignment posted to get the kids to start work right away.

Tip

7: Make Sure Your Child Brings All Requested Supplies

Most schools send out requested supply lists a few weeks before classes start. Sending your child with his supplies the first day allows the child to successfully "complete" an assignment and should make the child proud.



Tip 6: Double Check Bus Information

Young children especially can be nervous about riding the bus. Review the procedure with your child several times in advance. As a tip, if your child will usually ride the bus, but you decide to drive him to school on the first day, tell the school so the driver will not be looking for your child.

Tip 5: Ask Your Child About His Goals for the Year

This can really excite a child. What is he most looking forward to learning this year?

Tip 4: Make Sure the School Has your Contact Information

Tip 3: Let your Child Pick Out a Special First-Day-of-School Outfit

Tip 2: Make Sure Your Child Gets a Good Night's Rest

Keep a steady routine at home in the days leading up to the first day of school. As a tip, remember that elementary school students usually need at least nine hours of sleep per night.

Tip 1: Set High Expectations for your Child!

This is probably the most crucial tip. When high expectations are set for students, most will strive to reach those goals. Expect your child to try his very best in his classes and resist any temptation to excuse poor study habits (i.e. "Sam is just not good at math.")

I hope your child has an exciting and

Coming up Next Month...

- TBA: Pumpkin Patch Field Trip
- 10/2: Ainsley turns 8!
- 10/2: Ryker turns 7!
- 10/4: Beckett turns 6!
- 10/31: Halloween Party

October 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



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"Children are one third of our population and all of our future."

It's been suggested that we use Dream Big for birthday parties!

Sounds good to us!!

If you have a birthday party you want Dream Big to host, let us know and we'll pencil you in!

Please help donate this month...

For a donation this month, we are asking for foam soap, disinfecting wipes or hand sanitizer. We will keep up our disinfecting here and lots of hand washing. Thank you par-

ents for always donated the items we ask for - we love you guys so much!



A huge thank you should go out to the entire staff for taking classes in early childhood education.

This makes Nellie's DayCare and Dream Big the preschool it is!

Things to Remember here at daycare...

- Call or text if your child will be absent or considerably late
- Please drive slow through the streets near daycare
- Please wait at the door entryway for your child. Walking through the house can disrupt other kids & even make children get anxiety that it's not their parent that has arrived
- Bring one pack of wipes for your diapering wearing kiddo
- Watch the calendar for participation days
- Wash, wash, wash those hands

I think I can, I think I can...

I Think I Can, I Know I Can: Using Self-Talk to Help Raise Confident, Secure Kids

The Little Engine That

Could is an illustrated children's book that became widely known in the United States after publication in 1930 by Platt & Munk. The story is used to teach children the value of optimism and hard work.

Based on a 2007 online poll, the National Education Association named the book one of its "Teachers' Top 100 Books for Children". The story's signature phrases such as "I think I can" first oc-

curred in print in a 1902 article in a Swedish journal.

In the tale, a long train must be pulled over a high mountain. Larger engines, are asked to pull the train; for various reasons they refuse. The request is sent to a small engine, who agrees to try. The engine succeeds in pulling the train over the mountain while repeating its motto: "I-think-I-can".

As early as 1902?? Here at Nellie's DayCare and Dream Big, we are jumping back to this "I think I can, I know you can" motto!

We found a lot of chil-

dren today use the phrase "but I can't" and us parents and caregivers that want to see our children succeed in their tasks, do it for them. What have we taught? If you don't try, you won't know how capable you are.

We are using the phrase, "I think you can, I

know you can, so give it a try" to all our littles that ask for help. We think trying this at home will show you how much your kids are capable of the little things that even they find challenging. How confident they will feel.

